

Fall Newsletter September 2026



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Fall 2026 Programs Registration

Register in person at Rosemont School,
Tuesday September 8th from 7-8 pm.
Online registration will be open on our
website, **www.rmrca.com**
from September 1st to 15th.

Register for all RMRCA & affiliate group
programs. Details on page 6 & 7.

RMRCA membership cards will be
available for purchase.



A Message from RMRCA

Welcome to Fall everyone!

We hope you had a fantastic summer making memories with family and friends. While it's time to settle back into a routine, things haven't slowed down at the RMRCA. We kicked off summer with our annual End-of-School Freezie program, visiting Martin Collegiate and all three local elementary schools to celebrate the end of another school year. As always, the treats were a huge hit with the students!

At the end of June/early July, we hosted our Canada Day 50/50 draw. Thanks to your support, it was a total sellout, with one lucky winner taking home \$1,250! Keep an eye out for our upcoming Thanksgiving draw so you don't miss your chance to win.

We wrapped up the season with our annual Summer Bash Movie Night in the Park. It's always a joy hosting this event for the Rosemont and Mount Royal communities. With so many fun activities for the kids, it was a wonderful turnout and a great night for all.

Our monthly board meetings resumed on September 2nd in the Jack Hamilton Multipurpose Room. Residents are always welcome to join us on the first Tuesday of every month at 7:00 PM. If you're interested in giving back to the neighborhood, we are also actively looking for volunteers—we'd love to have you join the team!

RMRCA Board of Directors

Photo provided by: Travis Fodor





Love where you live...

Did you know we have an Art Shop & Creative Studio in our neighbourhood? Moon Creative Art Shop, located at 6354 Dewdney Avenue, features a handpicked selection of Canadian-made art and home goods, each piece chosen to spark joy and add a delightful touch to your space. Their shop is a celebration of artistry and imagination, complete with a luxurious hair studio to add a touch of beauty to your visit.

Moon Creative offers art workshops that are relaxed, joy-filled gatherings where creativity flows and perfection takes the night off. Whether it's a paint night with friends, a beginner pottery class, or getting inky with stamping and printmaking, you'll be guided by kind instructors and surrounded by good vibes. Materials and guidance are provided, so you can simply show up, have fun, and surprise yourself with what you create. Keep an eye on their website and social media for upcoming workshops, seasonal craft nights, and other hands-on adventures that ignite happiness. www.mooncreativeregina.ca

Snow Angels

For five seasons, the RMRCA Snow Angel program has weathered every kind of winter—from mild drifts to heavy, wet snow. What hasn't changed is our community's need for a helping hand and the incredible volunteers who answer the call.

Our mission is to keep local walkways safe and accessible for everyone, especially neighbors with mobility challenges. Whether you're a neighbor wanting to stay active or a group looking for a fundraising opportunity, your time makes a real difference.

If you need assistance clearing your snow this winter, or if you're able to lend a hand, please reach out. Email requests and volunteer sign-ups to mail@rmrca.com.



The RMRCA will be hosting a Fall Makers Market & Tradeshow again this year on Saturday, October 17th.

Vendor registration is now open at www.rmrca.com

Buy a Membership Card - Support Your Community

Access the events you love...support the Community you believe in!
\$5 per year, per household, keeps your family connected to programs and events.

What it does - A Community membership with RMRCA gives you access to, and supports, a variety of programs, classes, and free events in your community.

Participate in:

- RMRCA events and programs
- Programs in most other community associations

Why it matters - Your \$5 per year helps bring your neighbourhood to life and supports:

- Free family events
- Free or low cost programs
- Scholarships for local students
- Donations that support community schools and charities

Not a resident of our area? You are still welcome to take part with your own community card or by purchasing one of RMRCA's. Please note: Rosemont and Mount Royal residents have priority in programs if space is limited.

Memberships are purchased through our website, www.rmrc.com/memberships utilizing the Amilia registration system. This system is also linked to our programs registration. If you have trouble with the Amilia system or our website, you can email us at mail@rmrc.com



Free Evening Youth Program or MyTime is a free and inclusive drop-in program provided by the City of Regina for youth ages 11-15. MyTime is designed to create fun group activities for youth of all abilities, through recreation, sports, arts and games! The program will resume in September, so stay tuned for more details. www.regina.ca/freeprograms

Community Clean Up

RMRCA will be hosting another Community Cleanup day on **Saturday, October 3rd**. We will be set up as a drop-off depot for waste & other items at the Martin Collegiate parking lot. We will also be accepting beverage containers - proceeds will go to the school community councils in our area to support their important initiatives.

Club Whist

Come out for a fun night of playing the card game of whist. Starting Sept 8th at 7:00, at Christ Lutheran Church downstairs. This activity is for adults; from beginners, to those who have been playing whist for a while. If you don't know how to play court whist, we will help you learn. Cost is \$2 per person per night; this goes toward coffee and small prizes for the winners. We play every two weeks. Exercise your brain and have some fun. Everyone is welcome, no partners needed for a night of cards, ending with a snack and conversation.

Contact Bev for more information,
bev003@sasktel.net, or just come on down!



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RMRCA Fall 2026 Programs



Registration for Fall 2026 programs will open online on September 1st at www.rmrca.com/programs and our in-person Registration Night will be held on Tuesday, September 8th at Rosemont School from 7-8 pm. Registrations will remain open until programs begin. Late registrations may be accepted if class size permits, please email us at mail@rmrca.com to inquire about availability.

To register for RMRCA programs this winter, visit www.rmrca.com/programs to fill out the online form or come see us on Registration Night at Rosemont School, 841 Horace Street. Residents who come to in-person registration night will be entered to win a Gift Basket!

Payment Options

- Online by credit card
- E-transfer to payments@RMRCA.com (Auto-deposit is enabled so no password is required)
- Cash or cheque, make cheques payable to Rosemont Mount Royal Community Association

Youth Programs

Basketball Skills

Dates: Wednesdays, Sept. 23rd - Dec. 2nd

Ages 7-10: 6:30-7:30pm

Ages 11-14: 7:45-8:45pm

Location: Walker School gym

Cost: \$50

Community Membership Card is required to participate in programs; \$5.00 per household. Membership Card is valid from September 1st, 2026—August 31st, 2027. Need help? Anyone requiring financial assistance in order to register for any RMRCA programs should submit their request in writing by email to mail@rmrca.com

Programs will only be run once minimum enrollment requirements are met.

Adult Programs

Instructors will contact registered participants with details for online Zoom classes. Please ensure you have sufficient space in your home to participate.

Zumba, 18+ years

Dates: Mondays, Sept. 21st - Nov. 9th

Time: 6:00-7:00 pm

No class Oct. 12th

Location: Walker School gym

Cost: \$35

Forever in Motion, 55+ years

Dates: Mondays, Wednesdays & Fridays, September to December

Time: 10:00-11:00 am

Location: Heritage United Church

Cost: \$2 drop-in fee per class

Yoga, 18+ years

Dates: Mondays, Sept. 21st - Nov. 9th

Time: 7:15-8:15 pm

No class Oct. 12th

Location: Walker School gym

Cost: \$35

Tai Chi / Chair Tai Chi, 55+ years

Dates: Tuesdays, Sept. 22nd - Dec. 15th

Time: 9:00-10:00 am

Location: Online, Zoom

Cost: Free with membership card

Fire & Flow Fitness, 18+ years

Dates: Tuesdays, Sept. 22nd - Nov. 24th

Time: 7:00-8:00 pm

Location: Walker School gym

Cost: \$50

Chair Yoga, 55+ years

Dates: Thursdays, Sept. 24th - Dec. 10th

Time: 9:00-10:00 am

Location: Online, Zoom

Cost: Free with membership card



West Zone Board Programs

Visit www.westzoneboard.ca/programs for the most up to date date information regarding West Zone Board Programs & to register. Registration opens online on September 19th.

Some of the programs being offered this Fall include:

Learn to Skate, Ages 3-5 years

Dates: Sundays, Oct. 25th - Dec. 13th

Time: 2:30 - 3:05 pm

Jack Hamilton Arena

Cost \$80

Learn to Skate, Ages 6-12 years

Dates: Sundays, Oct. 25th - Dec. 13th

Time: 3:10 - 3:50 pm

Jack Hamilton Arena

Cost \$80

Learn to Skate, Ages 3-5 years

Dates: Saturdays, Oct. 31st - Dec. 19th

Time: 9:30 - 10:05 am

Wheat City Kinsmen Arena

Cost \$80

Learn to Skate, Ages 6-12 years

Dates: Saturdays, Oct. 31st - Dec. 19th

Time: 10:10 - 10:50 am

Wheat City Kinsmen Arena

Cost \$80

Little Stars Hockey Skills, Ages 4-7 years

Dates: Sundays, Oct. 25th - Dec. 13th

Time: 3:50 - 4:30 pm

Jack Hamilton Arena

Cost \$110



Advertise on our Outdoor Signs

The RMRCA has 3 outdoor signs located throughout the community that are available for rent to all public/community organizations and businesses. Highly visible signs are located on McCarthy Blvd (by A.E. Wilson Park), 4th & Lewvan (NW corner), and Dorothy & Mikkelson (corner by Mable Brown Park). Signs can be rented weekly, space permitting, on individual locations or on all three signs. For a full list of prices and locations check Advertising Policies & Rates at www.rmrca.com/policy or email us at mail@rmrca.com



RMRCA Current Board Members

To contact the RMRCA, please email us at **mail@rmrca.com**

Executive

Chair - Andrew Nestor
Vice Chair - Emma Trobiak
Secretary - Melissa Wieb
Treasurer - Helen Adams

Directors

Brent Tiefenbach	Jessica Riess
Charlotte Harris	Kayla Essex
Chrystal Kish	Reid Hill
Courtney Phillips	Shannon Orell-Bast
Dan Riess	Theresa McQuoid
Elaine Dittmann	



Community Contacts

Regina Lewvan - Member of Parliament	Warren Steinley	306-790-4747	warren.steinley@parl.gc.ca
Regina Mount Royal - Member of the Legislative Assembly	Trent Wotherspoon	306-565-2444	reginamountroyal@ndpcaucus.sk.ca
Regina Elphinstone-Centre - Member of the Legislative Assembly	Meara Conway	306-352-2002	reginaelphinstonecentre@ndpcaucus.sk.ca
City Councillor - Ward 8	Shanon Zachidniak	306-552-5932	szachidn@regina.ca
Regina Public School Board Trustee	Sarah Cummings-Truszkowski	306-540-4714	Sarah.CummingsTruszkowski@rbe.sk.ca

The Rosemont Mount Royal Community Association would like to thank the City of Regina for being our Program Partner and helping us bring our Community great programs for the whole family. ~ Thank you!



Stay In Touch
Email: mail@rmrca.com
Website: www.rmrca.com